

# Sligo All Stars Newsletter

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## U18 Ladies win Final

Sligo All Stars Ladies U18s won the Northwest League Final in fine style with a score of 45-39 against worthy opponents Sligo Giant Warriors in the IT Sligo on Friday the 23rd of January. The Giant Warriors were favourites going into this game but as in all sport when it comes to a final form goes out the window. The All Stars were first to score and set the tone for the game as they went into halftime 33-21 ahead. Captain Emma Keaveney was in great form as she set the tempo throughout and instilled confidence in her team. Laura Mc Munn provided the steel as she kept the Warriors in check when the going got tough and this rubbed off on her team mates as they scrapped for every ball with Ellen Monaghan digging deep and giving everything for the team. Kelly Mc Munn and Michaela Mahon kept the scoreboard ticking over with vital scores as did Ciara Mooney and Molly Egan. Leadership was abundant throughout as every player stepped up and played their part with a well organised defence strategy and an offence that was both clinical and highly effective. Going into the final quarter with Sligo All Stars leading 39-28 the Giant Warriors staged a fightback and slowly closed the gap but had left it too late as the game ended with the All Stars running out deserving winners. Sligo All Stars Emma Keaveney was named MVP. Scorers for Sligo All Stars were Emma Keaveney 17, Kelly McMunn 10, Molly Egan 7, Michaela Mahon 6, Ciara Mooney 3 and Laura Mc Munn 2. Great credit goes to Coach Brendan Barile and Assistant Coaches Paul Clarke and Lorraine Dolan for their dedication to the team throughout the season.



Sligo All Stars U18 Ladies Team



Paul McDevitt Secretary of The Northwest League presents Sligo All Stars Emma Keaveney with the Shield . The Chairman of the North west League Chris Donaghy, on Emma's right in the photograph congratulated the team on their win and praised the great support both teams had at the game.

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## St Patricks Day



The theme for the St Patricks Day parade 2015 is "Yeats". This is a great opportunity for Sligo All Stars to promote our club and basketball in Sligo. We would welcome any ideas on how best to use the theme "Yeats" for basketball in the parade.

## International Tournament



Sligo All Stars Oisin O Reilly travelled to Denmark with the Irish U16 Squad to play Denmark on the 27th/28th of December. This was an opportunity for the coach to assess his squad in competitive games in preparation for the European U16 Championships next August in Macadonia. Ireland's U16 Men played 3 games and recovered from a tense opening day of basketball to finish the tour on a high. Neptune duo Sean Jenkins and Adam Drummond combined for 21 points as Ireland came from behind to beat Denmark 58-45 in the final game of their series. Adam Donoghue of Castleisland scored 15 while Oisin O'Reilly of Sligo All-Stars chipped in with 8. The win means that Paul Kelleher's side outscored Denmark over the three games by 187 points to 185.



Sligo all Stars will hold its AGM on the 5<sup>th</sup> of March. The venue will be the Mercy. More details will be announced in the coming weeks.

## Shannonside League



Sligo All Stars Senior Team played Carrick Cougars on Friday the 8th of January in the Mercy Gym. The starting 5 were Brendan Barile, Cian Lally, Tobi Brockman, Emmet Keogh and Philip Hamilton. Sligo started slowly but when they got into gear totally outplayed their opponents leading 32-6 after the 1st quarter. The All Stars kept building on their lead with the entire panel making an impact as they ended the 2nd quarter 53-25 and the 3rd 79-34. Sligo finished the game with a final score of 92-45. Sligo's defence was in great shape with their offence quite simply devastating. Player Coach Brendan Barile said after the game that "The U18 members of the Sligo senior team learned a lot from their experience in the Haris Tournament in Manchester in late December and they were rewarded with what was surely their best performance to date in the Shannonside League". Top scorers were Philip Hamilton 20, Cian Lally 17, Tobi Brockman 15 and Emmet Keogh 12.

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