

Sligo All Stars Newsletter

www.sligoallstars.com

allstars.sligo@gmail.com

Issue 2 - February 2014



St Patricks Day

Sligo All Stars will take part in the St Patricks Day Parade which falls on a Monday this year. It would be great if all our members could be involved as we take part in the parade displaying our basketball skills. Over the next few weeks we will spend time practising some basketball routines in preparation for the big day

Basketball Blitz



Sligo All Stars with support from Youth Sport West will run a Primary School Blitz for 3rd & 4th class pupils. The Blitz will be non-competitive and will be held on the 11th & 12th of March in Summerhill College, Sligo. Contact Shane O Meara on 087 6413169 or email Theresa Kilgannon at Theresa@sligosportandrecreation.ie for further information

Website

Sligo all Stars will launch a new website on St Patricks day after the Parade. We hope to be able to display it to everyone in the Mercy Gym during the Cake Sale

Cake sale

After the St Patricks Day Parade everyone is invited to the Mercy Gym for our Cake Sale. We will all be hungry after the Parade and this will be a great opportunity for everyone to meet and buy a nice treat!

Thanks Supervalu



Thanks to Supervalu in Ballisadare for allowing Sligo all Stars bag pack on the 21st & 22nd of February.

A huge thanks also to the bag packers from the club, it was really appreciated.

North West League

Sligo All Stars 44 - Kilcar 32

Sligo Boys U16 had a great win against Kilcar of Donegal to advance to the U16 Boys final of the North West League. The final will be played in Sligo IT. next Sunday the 9th of March. Sligo had their work cut out against a determined Kilcar side and with Jamie Callaghan and Jack Moran working hard they gave Sligo the platform to put pressure on Kilcar into making defensive errors that resulted in scoring opportunities that were gratefully accepted by the Sligo lads. Special mention to Aaron Walsh and Finian Henry as they contributed massively in defence and offence. Top scorers . Oisín O'Reilly 19 and Luke McLoughlin 8.



Sligo Credit Union kindly sponsors the February edition of the Sligo All Stars newsletter. Check them out on www.sligocu.ie

Girls Basketball



Girls U16 Team

Easter Camp. We will run an Easter Camp for girls in April, the dates are yet to be confirmed. This will be an introduction course to basketball and will be open to members and non members . So if you would like to try basketball contact us at 087 6304177 for further details.

Coaching Course

Basketball Ireland will run a coaching course in the Mercy in April. Anyone interested in taking part please contact us through a committee member or coach, telephone 087 6304177 for further details.

Club Tracksuits

Sligo All Stars encourages our playing members to wear our club tracksuit. Jako provide basketball gear to Sligo All Stars and offer great deals.



U18 National Shield

In the quarter-finals of the u18 National Shield played on Saturday the 22nd of February in the Mercy Gym, Sligo All Stars defeated St. Brendan's from Tralee by a score of 65-64. After a fast start saw the home side Sligo up early, St. Brendan's recouped and used their size and strength to push their lead to 5 at the end of the first quarter. From there, the game would go back and forth with St. Brendan's holding onto their lead up by 6 to start the fourth and final quarter. After St. Brendan's pushed its lead to 9, the tide began to turn as Sligo's defensive intensity began to shut down St. Brendan's offensive attack. The stops on defence led to scoring opportunities on offense with Tobi Brockman making a big three to cut the Sligo deficit to 1 late in the fourth quarter. Sligo took its first lead since the 1st period when Cian Lally slashed down the lane for a basket and the foul with just over two minutes remaining. After made free throws from St. Brendan's, Sligo found itself down 1 with 15 seconds remaining. Philip Hamilton took the ball from the top of the key, drove to the basket, drew a crowd of defenders and was able to find an open Conor Byrne in the corner who coolly knocked down what would be the game winning basket with 5 seconds remaining on the clock. St. Brendan's missed a shot at the buzzer and Sligo was able to come away with a hard fought win. They move on to play Phoenix BC in the semi-finals. Sligo's top scorers were Cian Lally with 25, Philip Hamilton with 10, and Tobi Brockmann with 8.

The semi-final stage of the U18 National Shield will see Sligo all Stars play Phoenix BC and will take place in the Mercy on the 8th of March. Please come along and give your support in what should be a great game.

Shannonside League playoffs

Sligo All Stars Senior Team 102 - Castlebar Titans 54.

Sligo played the 1st leg of the quarter final in the Mercy Gym on Sunday evening the 2nd of March in what was their best performance to date in the Shannon side league. With intense defence and offence every player contributed to heap misery on the Titans as Sligo made every opportunity to score count. The Titans were punished for every error and by half time were out of the game. Top scorers for Sligo were Philip Hamilton 31 and Cian Lally 17.



U17 Tournament

On Saturday, March 1st, The u17 Sligo All Stars boys team travelled to Tralee to compete in the annual James Hobbart Memorial Tournament. In the first group game, Julian Jarmolowicz made a shot in the last minute to put All Stars up for good, and Donal Glennon iced the game with clutch free throws to seal victory. After dispatching of Tralee Imperials and St. Mary's Castleisland in tough contests, Sligo moved onto the semi final and a date with Neptune from Cork. After being down 18-12 at halftime, All Stars were a different team in the second half, outscoring Neptune 30-4 in the second half to win 42-22. Sligo found a defensive intensity and toughness that smothered the opposition and led to easy fast break opportunities. Tobi Brockman tallied 16 points on some hot shooting and strong drives made possible by Cian Lally's rebounding and incisive passing (7 assists). The incredible display of team defence was spearheaded by Philip Hamilton, who completely shut down Neptune's star guard. The strong semifinal showing continued in the final vs. tournament hosts St. Brendan's. Swarming, rotating defense, team rebounding, and unselfish offense paved the way for a well earned 10 point win against a tough St. Brendan's team. Tobi Brockman again led the way in scoring with 18 points. After 6 games in one day, a tired All Stars were crowned tournament champions. For his all around consistent play throughout the day ranging from scoring, passing, rebounding, defense, and most importantly leadership, Cian Lally was named tournament MVP.



Fixtures & Events

The March schedule is going to be very busy, please note some fixtures may be changed from those listed below. Check Sligo all Stars facebook for updates.

7th March - Shannonside League 2nd leg Quarterfinal at 8pm in the Mercy, Sligo.

8th of March - NWL U12 Finals in Sligo IT.

8th of March - U18 National Shield Semi-Finals -4.30pm in the Mercy, Sligo.

9th of March - NWL U14/16 Finals in the IT Sligo.

Weekend 14 & 15 - Shannonside Finals. Venue TBC.

28th of March - U14 Boys Emmet Neville Tournament in Cork.

Play Basketball!

If you would like to give basketball a try please contact us at 087 6304177. We are based at the **Mercy Gym, Chapel Hill, Sligo**. Check out our training schedule below.

Training Schedule.

Monday- U14 Boys 5-6pm,
U16 Boys 6-8pm.

Tuesday- U16 Girls 5-6.30pm,
U12+U14 Girls 6.30-8pm.

Wednesday- U12 Boys 5-6.30pm,
U14 Boys 6.30-8pm,
U16 Boys 8-10pm.

Thursday- U18 Boys 8-10pm

Friday- U13 Boys 7-8pm,
U18 Boys 8-10pm.

Saturday- U10 Boys + Girls 9.30-11am,
U6 + U8 Boys + Girls 11-12noon,
U14 Boys 12-2pm,
U16 + U18 Boys 4-6pm.

Sponsorship of Newsletter.

Sligo all Stars would be delighted to promote your business on our newsletter if you wish to sponsor an edition. Please call 0876304177 for further details.

